



## Level 2 Certificate in Coaching Basketball

### Who should go on the course?

Level 1 Coaches who wish to improve their knowledge of basketball and would like to deliver sessions independently

### How many days will it take?

This course is delivered over 4 days with a 5<sup>th</sup> practical assessment day. There is also some pre-course work to do and practice at coaching sessions is required between days 2 and 3

### What will I learn?

How to:

- plan a series of coaching sessions
- prepare the coaching environment for the delivery of coaching sessions
- deliver a series of coaching sessions to develop player performance
- monitor and evaluate coaching sessions and personal practice

### What will I be able to do?

Prepare for, deliver and review coaching sessions

### How much will it cost?

£50.00 per person\*

\*This fee is 50% of the usual course fee of £100.00 per person.

