

Level 2 Certificate in Coaching Football

Who should go on the Course?

Anybody over the age of 17 years with regular practical experience of participating in football, and having observed qualified and experienced coaches working with adults and children and those with the Level 1 Certificate in Coaching Football.

How long will it take?

The course starts with 5 evenings plus a full week of initial training. You are then required to complete 16 hours of practical coaching to be recorded in a log book, and attend 2 further training continuation days, before completing the final assessment weekend approximately 4 - 6 months after the initial training.

You are required to have attended the FA Safeguarding Children in Football workshop (formerly known as the FA Child Protection and Best Practice workshop) and The FA Emergency Aid workshop (or equivalent/recognised First Aid Certificate) prior to completing the assessment, and to complete the on-line Laws of the Game workshop.

What will I learn?

How to:

- Understand the ethical coaching process
- Plan, conduct and evaluate football coaching sessions
- Coach basic skills and techniques of football
- Promote and establish positive relationships at all levels
- Ensure the health and safety of players and others
- Develop greater responsibility for your own learning and development
- Understand the principles of attack and defence through the use of practices and small sided games (4 v 4)

What will I be able to do?

The Level 2 award is the next step towards becoming a recognised football coach. It offers candidates a combination of practical experience and class-based theory, to develop an understanding of the planning, conducting and evaluation of ethical football coaching sessions.

How much will it cost?

£137.50 per person*

*This fee is 50% of the usual course fee of £275

The FA Safeguarding Children in Football workshop is available for £17.50 and The FA Emergency Aid workshop available for £15.

