



the tony blair sports foundation

Level 2 Tennis Coaching Assistant

Who should go on the course?

If you want to help within a coaching programme and would like to be able to deliver group coaching to beginners of any age then this qualification is for you.

Candidates should be at least 17 years of age on the first day of the course and hold the 1st4sport Level 1 in Coaching Tennis

How many days will it take?

The course is five days – 2 consecutive days followed by a 4-6 week break for mentored experience, a further 2 consecutive days followed by a 4-6 week break for mentored experience and then a final 1 day assessment.

During the four to six week break, candidates will need to complete their portfolio of evidence and a minimum of eight hours mentored coaching experience with a licensed coach mentor (which should be organised before the course starts)

What will I learn?

It will build on the skills learnt on the Level 1 course and will expand your knowledge of working with groups of players in different environments. It will also focus on running short format competitions that will allow beginners to enjoy competing.

What will I be able to do?

The main objectives are to train candidates in how to:

- Create a motivating and enjoyable environment
- Organise competition for groups of beginners
- Coach groups of beginners using differentiated equipment
- On successful completion of the Level 2 candidates should be able to:
- Motivate and inspire people to play tennis
- Use effective verbal and non verbal communication skills with groups of beginners
- Organise tennis activity constructively and safely with groups of beginners
- Plan and deliver a structured lesson using
- Have basic knowledge of tactics, techniques
- Have a full understanding of the structure of Mini Tennis

How much will it cost?

£172.50 per person

*This fee is 50% of the usual course fee of £345

